

## Advanced English Lesson 8 – Health – Treatment

What can you do if you are sick?

- Go to the ... doctor (to see a doctor)
  - ... pharmacy (to buy medicine from a pharmacist)
  - ... dentist (to see a dentist)
  - ... clinic
  - ... hospital (to see a doctor/nurse)
- To take your temperature (with a thermometer)
  - High temperature/normal temperature
- To take medicine (pill/capsule/syrup)
  - Prescription medicine
  - Over the counter medicine
  - To have side-effects
- To take antibiotics
- To rest/to sleep/to stay at home
- To drink fluids/to hydrate
- To get an IV
- To get a shot/a vaccine
- To have surgery

**Fatima:** Hi Mary! You don't look good. How are you feeling?

**Mary:** Not well. I'm sick. I think I have the flu.

**Fatima:** The flu? Do you feel tired? You should stay home and rest!

**Mary:** I know. But I have to go to work today.

**Fatima:** No. If you're sick, you must not go to work. You have to sleep and take medicine. Did you take your temperature?

**Mary:** Yes. I have a fever.

**Fatima:** Then you have to drink a lot of water until your fever goes down.

**Mary:** Okay. Those are great suggestions. I think I'll go home now.

**Fatima:** Feel better soon! Let me know if you need anything!

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